



The Challenge of Change

This course outline should be used to determine whether the course is appropriate for the student, based on current skills and training needs.

Duration: 1 Day

Audience: For all employee & managers who are involved in a changing work environment

Course Topics:

- Change & Drivers for Success
- How does change happen?
- 'The Change House' - Which room do you live in?
- Managing Change in an organisation
- Communication of Change in the Workplace
 - The Business Culture
 - Departments & Divisions
 - Big Picture, Small Frame of reference
- The Challenge of Change
 - Mental Toughness
 - Team & Tribes
 - What if's
- How to deal with change
 - Adjust your thinking
 - 7 tips to dealing with change
 - How what you do makes a difference to change

At Course Completion delegates will be able to:

- Understand Why & How change happens
- Understand differing behaviours in change
- Build resilience to change
- Communicate more effectively in the change process

